



MEN

LEADER	DAY-ZIP	TIME	NUMBER
PAUL WILLIAMS	SATURDAY-93307	7:30 AM	661-303-7464 pdub7509@outlook.com
AL MARTINEZ RANDY DUNCAN	FRIDAY-STARBUCKS 3700 California Ave. 93309	7:45 AM alm@vbf.org	661-325-2251 661-304-3757
CHARLES SPANGLER	M,W,F BIBLE STUDY & CROSSFIT WORKOUT 3500 21St 93301	12:00 PM	661-378-2835
TOM TOUCHSTONE	TUESDAY - STARBUCKS 10610 STOCKDALE HWY 93311	6:30 AM	pastortom@vbf.org
TOM TOUCHSTONE	FRIDAY - STARBUCKS 13133 ROSEDALE HWY 93314	7:00 AM	pastortom@vbf.org
TOM TOUCHSTONE	SUNDAY - STARBUCKS 9200 ROSEDALE HWY 93312	6:00 AM	pastortom@vbf.org
MIKE GREEN MIKE SPRINGSTEAD	THURSDAY-CALL FOR INFO	6:00 PM	619-836-2150 661-805-2178
LOGAN AUGUST	M,W,F CORNER BAKERY CAFE 3700 California Ave. 93309	7:00 AM	661-496-7339
FRANK JONES PHIL WELCH ARNIE KIRSCHENMANN	TUESDAY-STARBUCKS 10610 STOCKDALE HWY 93311	6:30 AM	661-330-7373
JOHN MCCORMICK	FRIDAY-STARBUCKS 13133 ROSEDALE HWY 93314	7:00 AM	661-378-1202